BEREA COLLEGE
FORESTRY OUTREACH CENTER
Hours: Tues.-Sat. 10am-4pm, Sun. 12-4pm
Trails open dawn to dusk, daily
2047 Big Hill Rd. Berea, KY 40403
859-756-3315
https://forestryoutreach.berea.edu



NOVEMBER 2026 FRIENDS OF THE FOREST NEWSLETTER

UPCOMING EVENTS

See descriptions on p. 2
All events at the FOC/Pinnacles unless otherwise noted. Free, all welcome.
**Outdoor activities weather-dependent*

THE CENTER WILL BE CLOSED NOVEMBER 21ST-27TH

- Nature R&R at Anglin Falls Nov. 6th, 2:00pm at Brushy Fork Nov. 20th, 2:00pm *signup required, email warrenw@berea.edu
- Anglin Falls Hike Nov. 18th, 1:00pm sign up required, email zagrayk@berea.edu
- Family Activities: see details on p.2

RECURRING EVENTS

- **Forest Meditations at 9:00am and Group Hikes at 1:00pm each Saturday except Nov 21st and 28th**

Shawnee and Cherokee peoples have long cared for this place through reciprocity. We support that wisdom, and invite all people to treat the land, and each other, with this form of respect.

HEARTWOOD 2026

By Sylvie Weisbord, Berea College Student

The inventor of the stethoscope played the flute. He turned his own wooden flutes and thought he would make one for listening to heartbeats. During my time working at the Student Craft Woodshop, I have been learning to use the lathe. After seeing a picture of René Laennec's original scope, I thought I could make one too. It took much trial, error, and assistance from fellow woodworkers to get these scopes working.

Brushy Fork has become to me a dear place for walking, thinking, and drawing. I extended my scopes with tubing so people walking by could listen to the heartbeat of their friends, family, or maybe even a stranger.





The apparatus suspending the scopes felt gigantic when it was hanging from the ceiling of the sculpture studio. When we finally got it all up in Brushy, it had become small. It was humbling to see something I'd spent the past year building beside a creek and trees which had taken much longer to become infinitely more complex. This sculpture will be only a blip to them, but still, I am excited to watch it weather with the changing seasons, curious animals, and hopefully many people who will use it to listen to each other's heartbeats.

Special thanks to: Mina Day, Dan Feinberg, Cleo Lewis, Mere Metz, Clint Patterson, Rob Spiece, and Cynthia Steyn

NATURE R&R

November 6th at Anglin Falls meet at the Center at 2:00pm

November 20th at Brushy Fork, meet at the bridge at 2:00pm

Email Wendy at warrenw@berea.edu to sign up. We will meet at the Center first.

We live in an age where stressors are all around us--and hope sometimes seems hard to come by. Research is increasingly describing what our bodies need: time together in the natural world we are a part of and opportunities for our bodies to remember this connection. As our stress levels come down, all of our body's systems function as they should. Join us to experience this for yourself.

FOREST MEDITATIONS

Saturdays, 9:00am
meet at the Center

Come join us for Forest Meditations every Saturday.This is an opportunity to connect with ourselves, each other, and the earth. All are welcome.

ANGLIN FALLS HIKE

November 18th, 1:00pm

Sign up required, email zagrayk@berea.edu

We will meet at the Forestry Outreach Center and caravan to the falls to enjoy a brisk hike! Uneven terrain and moderate elevation. Canceled in the case of inclement weather.

FAMILY ACTIVITIES:

Geared towards elementary ages.***Starred outdoor activities** are weather-dependent. RSVP on Facebook for more info and updates.

Sundays, 2:00-3:00pm

Nov 1st: Ladybugs -- Cooler weather doesn't stop these amazing insects. Learn all about them through hands-on activities covering all four stages of their life cycle.

Nov.8th: Craft a Pinecone Birdfeeder – Roll up your sleeves and help our feathered friends by crafting your very own bird feeder. Place in your yard and make some new friends!

Nov. 15th: Pinecone Turkeys – Bring your creativity and craft a colorful pinecone turkey to add to your Thanksgiving décor. For a truly autumn touch, create a forested background for your new addition.

Nov. 29th Autumn Masks – Celebrate the beauty of autumn by crafting your very own autumn mask using colorful leaves, acorns, seed pods and more from nature's abundance.

Whimsical Woods Series at MCPL, 1-3pm

Nov. 14th: Berea Branch, Meeting Room
Dec. 5th: Richmond Branch, Room #205

Trolls: Learn the legends and lore of trolls and craft a troll family to take home with you.

Dec. 6th, 1:00-3:00pm - Winter Wonders

Craft a pinecone reindeer amidst a snowy backdrop, mix spices to create fragrant sachets for your home and make a colorful holiday portrait using leaves, acorns and other natural materials.

OCTOBER HIGHLIGHTS



Jackson County High School ROTC visited the draft horse barn



Rooted in Time interactive performance



Mountain Day