



BEREA COLLEGE

FORESTRY OUTREACH CENTER

at the Pinnacles: Homelands of
Shawnee and Cherokee Peoples

Tues.-Sat. 10am-4pm, Sun. 12-4pm

Trails open dawn to dusk, daily

2047 Big Hill Rd. Berea, KY 40403

859-756-3315

<https://forestryoutreach.berea.edu>

UPCOMING EVENTS

*All events at the FOC/Pinnacles unless
otherwise noted. Free, all welcome.*

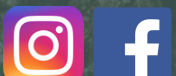
**Outdoor activities weather-dependent*

- *Saturday Group Hikes 1:00pm
Jan 17th: Brushy Fork
Jan 24th: Pinnacle Knob Trails
Jan 31st: The Pinnacles
-Group Hikes each Saturday,
weather dependent
- **Forest Meditations 10:00am
every Saturday starting Jan. 10th**
- Nature Journaling through the Arts:
Jan. 10th and Feb. 7th, 11:00am-
12:30pm
- *Nature R&R/Forest Bathing at Brushy
Fork: Jan. 17th 11:30am-12:30pm
- *"Hoo" Lives in the Winter Woods?:
January 22nd 6:00pm @ Brushy Fork
- iNaturalist I.D.-a-thon: Jan. 31st
11:00am-1:00pm

Family Activities:

*geared towards elementary-aged kids,
but all welcome*

- Jan. 18th: Tracks & Snow Science
- Jan. 25th: Likin' Lichen Walk



@bereacollegefoc



Citizen Science Project: Biodiversity of
the Berea College Forest



JANUARY 2026 FRIENDS OF THE FOREST NEWSLETTER

NEW YEAR, SAME FOREST, DIFFERENT HIKES

Have you explored all of the Berea College Forest? Maybe
you have but you'd like to learn more while you do?

Join us for a group hike every Saturday to experience the
wonders the forest has to offer. This month, we are trying
something new: each group hike will be at a different trail
system. There's something for everybody!



- **Jan. 17th, Brushy Fork:** Meet at the bridge
- **Jan. 24th, Pinnacle Knob Trails:** Meet at the parking lot
- **Jan. 31st, The Pinnacles:** Meet at the FOC building



Please bring water and wear appropriate clothing for hiking.
The destination will be decided by the group. All trails have
uneven terrain and have at least moderate elevation gain.
Check out maps and trail information on our website under
"Choose Your Adventure."

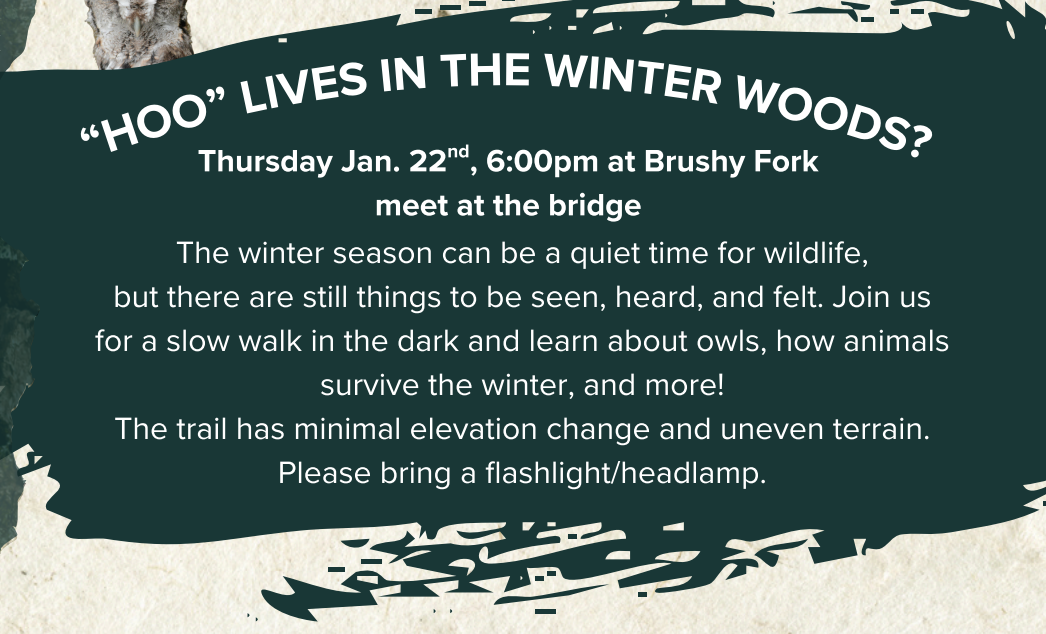


"HOO" LIVES IN THE WINTER WOODS?

**Thursday Jan. 22nd, 6:00pm at Brushy Fork
meet at the bridge**

The winter season can be a quiet time for wildlife,
but there are still things to be seen, heard, and felt. Join us
for a slow walk in the dark and learn about owls, how animals
survive the winter, and more!

The trail has minimal elevation change and uneven terrain.
Please bring a flashlight/headlamp.





NATURE JOURNALING THROUGH THE ARTS



Saturday Jan. 10th & Feb. 7th 11:00am-12:30pm

Do you find yourself drawn to write, draw, paint, or compose music--as a way to respond to and connect with the world we are a part of--but never quite get to it? Dedicate time to this practice in the first two months of the new year as a springboard to regular practice.

Wear clothing for comfort both indoors and outside and bring materials we may not be able to provide: your writer's notebook, a special sketchbook, an instrument, a specific set of pastels or paints. We will also have generic materials available for your use. Feel free to bring a snippet of your favorite nature writing/poetry, art, story, or song to share.

FOREST MEDITATIONS

**Saturdays, 10:00am
starting Jan. 10th**

Come join us for Forest Meditations. This is an opportunity to connect with ourselves, each other, and the forest. All are welcome.

Meet in the Forestry Outreach Center



NATURE R&R

**Jan 17th, 11:30am-12:30pm
at Brushy Fork, meet at the bridge**

Nature Relaxation & Restoration/Forest Bathing is a slow-paced, guided restorative forest experience --not a hike or nature walk--and is great for all ages.

Please bring a portable chair or something to sit on and dress for the weather.

Please RSVP for a FREE spot as space is limited and to receive weather-related updates. Search "Berea College Forestry Outreach Center" on Eventbrite.com or scan the QR code.





iNATURALIST I.D.-A-THON

Saturday, Jan. 31st 11:00am-1:00pm

Help us get closer to identifying all of the amazing wildlife people have observed in the forest! Bring a computer (preferable) or your smartphone to join in on our I.D.-a-thon: a time dedicated to classifying iNaturalist wildlife observations to get them closer to species identification!

No experience is needed.

We'll go over tips and tricks to I.D.s on iNaturalist that you can use beyond this event and beyond local observations!

You can drop in/out as you'd like. Light refreshments will be provided.



4,000
unique species

in the Berea College Forest

FAMILY ACTIVITIES:

Always **free** and open to all. * **Outdoor activities** are weather dependent. RSVP on Facebook for more info and updates.

January 18th
Animal Tracks & Snow Science
2:00-3:00

Explore the stories that snow can help tell us. From showing clues from critters to crystal formation to melting, snow can tell us a lot about our environment.

January 25th
***Likin' Lichen Walk**
leave at 2:00pm

While many plants lay dormant for the winter, there's still a lot of green to be found in forest. We'll go on a slow-paced, child led walk in the lower forest to learn about lichen and moss. We can collect some to bring back and examine under a microscope!