



BEREA COLLEGE

FORESTRY OUTREACH CENTER

at the Pinnacles: Homelands of the Shawnee and Cherokee Peoples

Tues.-Sat. 10am-4pm, Sun. 12-4pm

Trails open dawn to dusk, daily

2047 Big Hill Rd. Berea, KY 40403

859-756-3315

"May your children hear and breathe the words of our Indigenous ancestors. May we all be so lucky to know an Indigenous future."

~Matika Wilbur, Project 562: Changing the Way We See Native America

JANUARY EVENTS

All events at the FOC/Pinnacles unless otherwise noted.

Free and open to all.

Outdoor activities weather-dependent

Nature Hikes at the Pinnacles:

Saturdays at 1:00 pm

Houseplant Adopt & Swap:

Jan. 10th, 5:00-7:00pm

Family Activities

National Squirrel Appreciation Day

Games & Crafts: Jan. 21st,
2:00-3:30pm

Playscape Work Day with

Winterberry Studio, Jan. 27th,
2:00-4:00 pm



Berea College Forestry Outreach Center



@bereacollegefoc



Citizen Science Project: Biodiversity of the Berea College Forest



Seek app by iNaturalist, great I.D. tool for kids and families

<https://forestryoutreach.berea.edu/>

JANUARY 2024

FRIENDS OF THE FOREST NEWSLETTER

OVER 1,000 DAYS ON THE MOUNTAIN

Many people regularly hike the Pinnacles, but perhaps none as consistently as one man you may have passed on the trails. For 1,000 days, Tim photo-documented his journey. He enjoys sharing his experience with fellow hikers.

In the winter of 2020, Tim faced serious health issues at a weight of 471 lbs. "I changed my diet and decided to give these Pinnacles a try. Mind you, it took this 400 lb. man over an hour and 20 minutes just to get to the Lookout. Fast forward to today, this is my 1,021st time up this mountain and can get it done in under 20 minutes. ***I love this hill and appreciate what it's done for my physical and mental health.*** I

recommend anyone wanting to lose weight get started one step at a time. I guarantee if you give this hill a chance ***you'll love it the way I do.***" - Tim Rister, December 13th, 2023

The new year is a great time to give yourself the gift of spending time outdoors which benefits your mind, body, and spirit.





National Squirrel

Appreciation Day

Family Crafts and Games:

Jan. 21st, 2:00-3:30 pm

**Playscape Work Day w/
Winterberry Studio**

Jan. 27th, 2:00-4:00pm

Bring your creativity and play clothes as we work together to make new additions to the nature playscape in the lower forest!

Any tools or gloves would be helpful to bring. Cancelled in the case of rain, watch Facebook for updates.



Houseplant Adopt & Swap

Jan. 10th, 5:00-7:00pm

Did you get new plants over the holidays or are looking to fight the winter woes by adding some life to your home? Join us at the Berea College Forestry Outreach Center on **National Houseplant Appreciation Day** for a fun plant swap. Bring in your excess or unwanted houseplants and trade them with others, or come to find and adopt a new plant to take home with you.

Plants **improve the air quality** of your home and help **boost your mood!** Refresh your indoor greenery, meet other plant enthusiasts, and ask any questions about plant care you might have.



Come check out the human-sized bird's nest!



“Wild American Chestnut "Root Sprouting" experiment results:

Clint Patterson, Berea College Forester, with visiting environmental artist, Tali, mascot "Henry" and Ken Darnell went into Berea College Forest (9,000 acres) to check results of an experiment to promote root growth on young wild American Chestnut sprouts.”

In 2022, UK's Lee Grace had applied pine bark mulch to the base of several small Chestnut sprouts and covered them with landscape cloth. “After two growing seasons, we hoped for enough new roots to cut the sprouts loose from the mother trees and transplant nearby in a sunlight opening to encourage growth and catkin production. Though the experiment was not a success, the KY Chapter continues to Partner with Berea College Forest to develop flowering wild American Chestnuts.”

-From the American Chestnut Society Kentucky Chapter

Facebook, 11/29/23

